

Beginner 1 | Course Description

Level: A1.1

Book: Défi Actuel 1 – Units 1 & 2

Dear Learners,

We are excited to start the Beginners 1 French program with you! In this semester, we will focus on helping you build a solid foundation in French grammar and vocabulary. You will be able to introduce yourself, express your likes and dislikes and begin talking about your identity, country and traditions.

Communication Skills

- Introduce yourself and say your identity.
- Spell your name and other words.
- Present a country and talk about its characteristics.
- Talk about local festivals and traditions.
- Indicate the origin and destination of places.
- Express agreement or disagreement.
- Share your likes and dislikes.

Grammar and Sentence Structures

- Use definite and indefinite articles.
- Use ordinal adjectives.
- Conjugate and use *avoir* (to have) and *être* (to be) for expressing basic states.
- Use feminine forms of professions.
- Use interrogative words and form questions.
- Use prepositions with cities and countries.
- Conjugate and use the verbs *aller* (to go) and *venir* (to come).
- Use the verb *aimer* (to like) in basic expressions.

Vocabulary Development

- Learn and use the alphabet for spelling.
- Vocabulary related to places in the city
- Learn numbers.
- Understand how to provide an email address.
- Vocabulary for professions.
- Learn vocabulary related to festivals.
- Learn country names.
- Use verbs of appreciation.
- Souvenirs and memory-related vocabulary

We look forward to seeing your progress and are excited to help you start your French language journey!

Beginner 2 | Course Description

Level : A1.2

Book: Défi 1 – Units 3 & 4

Dear Learners,

This second beginner module builds on your foundational skills to help you speak about your personal life, daily routine and describe others. You'll expand your vocabulary and learn to use more complex sentence structures related to time, habits and family life.

Communication Skills

- Talk about your family and describe family relationships.
- State your marital status.
- Indicate your nationality.
- Talk about your daily routine.
- Describe your lifestyle and personal habits.
- Give the time and talk about your schedule.
- Express frequency and duration.
- Provide dates and refer to days, months and seasons.
- Situate an activity in time.

Grammar and Sentence Structures

- Use possessive determiners.
- Adjective agreement with gender and number.
- Conjugate nationalities in the feminine form.
- Differentiate between *c'est* and *il/elle est*.
- Conjugate and use pronominal verbs.
- Use irregular verbs like *sortir* (to go out) and *dormir* (to sleep).
- Use common action verbs like “faire” and *prendre* (to take).
- Understand adverbs of frequency.

Vocabulary Development

- Learn vocabulary related to different types of families.
- Explore different family relationships.
- Learn nationalities and their feminine forms.
- Daily activities and routines.
- Meals and food-related terms
- Time-related vocabulary
- Work schedules and vacation periods
- Days, months and seasons

We look forward to seeing your growth in speaking and understanding French! We are excited for the journey ahead.

Beginner 3 | Course Description

Level: A1.3

Book: Défi Actuel 1 – Units 5 & 6

Dear Learners,

Welcome to Beginners 3! In this third phase of the A1 level, you'll learn to describe living spaces, express preferences and speak more confidently about leisure, social life and digital habits. You'll also improve how you describe people, give recommendations and interact in everyday conversations.

Communication Skills

- Describe and qualify a place to live.
- Name and locate rooms and furniture in a house.
- Express possibility and permission.
- Give advice or make suggestions.
- Talk about leisure activities and preferences.
- Talk about internet use and social network.
- Describe someone's physical and personality traits.
- Extend or respond to social invitations.
- Discuss travel habits and vacation preferences

Grammar and Sentence Structures

- Use *il y a / il n'y a pas de* to describe presence/absence
- Use *C'est + adjectif* to give opinions or descriptions
- Use quantity expressions: *trop de, pas assez de*
- Describe with colors and adjectives (and manage agreement)
- Use modal verbs: *pouvoir* (to be able to), *devoir* (to have to), *vouloir* (to want) and *il faut*
- Conjugate and use the verbs *jouer* (to play) and *faire* (to do/make) in common contexts
- Use the pronoun *on* for general statements
- Connect ideas using *pour* and *parce que*
- Give simple commands or advice using the imperative

Vocabulary Development

- Types of housing
- Rooms, furniture and decor
- Colors and materials
- Hobbies, leisure and digital life
- Friendship and personality traits
- Describing people physically
- Travel styles and preferences

We are excited to help you grow in your French journey. We look forward to seeing your progress this semester!

Beginner 4 | Course Description

Level: A1.4

Book: Défi 1 – Units 7 & 8

Dear Learners,

In this final stage of the A1 level, you'll expand your ability to talk about food, personal experiences, shopping, clothing and how to move around the city. You'll also begin to use the *passé composé* and *futur proche* to narrate past and future actions in simple conversations.

Communication Skills

- Express food preferences.
- Talk about quantities.
- Present or understand a recipe.
- Tell a series of past events using *le passé composé*.
- Describe your life journey or key events.
- Name city locations and describe how to get there.
- Structure a chronological story.
- Describe and evaluate modes of transport.
- Shop for clothes or food.
- Describe an outfit or style.

Grammar and Sentence Structures

- Use partitive articles and adverbs of quantity
- Conjugate and use *manger* (to eat) and *boire* (to drink)
- Use the *passé composé* to express completed past actions
- Use the *imperative* to give commands and suggestions.
- Use *direct object pronouns* (*le, la, les*).
- Use the pronoun *y* to refer to a place already mentioned.
- Express future plans with the *futur proche*.)
- Use demonstrative determiners (*ce, cette, ces*) to point to something specific

Vocabulary Development

- Meals and food types
- Weights and measurements
- Life events and time expressions for the past
- Vocabulary for places in the city.
- Learn time connectors to structure speech.
- Vocabulary for giving directions and orienting yourself.
- Types of shops and markets.
- Vocabulary for clothing and accessories.

We look forward to helping you progress in your French learning journey. Let's make this term exciting and engaging!

Beginner Revision | Course Description

Level: A1+

Book: None

Dear Learners,

Welcome to your A1 Revision Class! This session is all about reviewing and reinforcing what you've learned so far in French at the Beginner (A1) level. At this stage, you are building the foundation for clear, simple communication.

What You Can Do at A1 (CEFR Level):

- Understand and use familiar everyday expressions and very basic phrases aimed at satisfying needs of a concrete type (e.g. ordering food, asking for directions, buying clothes).
- Introduce yourself and others, ask and answer questions about where people live, who they know, what they have, and what they like.
- Communicate in a simple way if the other person speaks slowly, clearly, and is willing to help.

Grammar and Sentence Structures

- Verbs in the present tense
- Basic question formation
- Simple negation (*ne...pas*)
- Gender of nouns & adjectives
- Possessive adjectives
- Near future & Past tense

Please note that these grammar points are only a few examples of what might be covered. Your teacher is free to decide how much time to spend on each grammar point depending on the overall level of the class and their personal programme.

Communication Skills

- Introducing yourself and someone else
- Asking and answering simple questions
- Describing what you have and like
- Giving basic directions or asking where something is
- Purchasing goods

This class will help you gain **confidence and fluency** with the basics so you're ready for more complex communication at A2.

Elementary 1 | Course Description

Level: A2.1

Book: Défi Actuel 2 – Units 1 & 2.1

Dear Learners,

Welcome to Elementary 1! In this course, you will learn how to talk about everyday objects and their uses, share stories about your life and experiences and discuss responsible shopping and health. You will also build useful vocabulary related to technology, recycling, medicine, and body parts.

Communication Skills

- Describe the function and use of an object.
- Share personal experiences or life paths using the *passé composé*.
- Talk about shopping habits and responsible consumption.
- Compare products, actions or preferences using the comparative.
- Use the superlative to highlight extremes.
- Describe health problems, explain symptoms, and consult about medications.
- Identify medical professionals and describe physical illnesses.

Grammar and Sentence Structures

- Use *relative pronouns* (*qui, que, où*) to link ideas.
- Review and expand on the *passé composé* for narrating past events.
- Form and use the *comparative*.
- Use demonstrative pronouns.
- Conjugate and use the verb *jeter* (to throw) and other -er verbs with spelling changes.
- Form and use the *superlative*.

Vocabulary Development

- Purpose and use of common objects
- Connected devices and tech-related vocabulary
- Recycling and sustainable living
- Ethical and second-hand consumption
- Online shopping and digital habits
- Medical specialists and professions
- Parts of the body
- Common medicines and prescriptions
- Illnesses and symptoms

We are excited to embark on this learning journey with you. Let's make this term a productive and engaging experience!

Elementary 2 | Course Description

Level: A2.2

Book: Défi Actuel 2 – Unit 2.2 & 3

Dear Learners,

In this term, we will focus on improving your ability to ask and answer questions, express opinions and discuss health and food-related topics. You will learn how to give advice, describe dishes and talk about medicine.

Communication Skills

- Talk about medicine and health practices
- Give advice using appropriate expressions
- Describe local culinary specialties and food preparation techniques
- Express likes and preferences in terms of taste, texture and presentation
- Qualify a dish
- Share personal eating habits
- Give a personal opinions

Grammar and Sentence Structures

- Use the *imparfait* to describe past habits, ongoing actions and background details.
- Express negation with *ne... plus* (no longer).
- Use *COI* (indirect object pronouns) correctly with verbs like *parler à, téléphoner à*.
- Use the pronoun *en*.
- Express progression using phrases like *de plus en plus, de moins en moins*.
- Ask questions with *lequel, laquelle, lesquels, lesquelles*.
- Review the *impératif* (in combination with pronouns).

Vocabulary Development

- Medical studies and related terminology
- Types of massage and wellness practices
- Musical genres and preferences
- Common expressions to give advice
- Regional and local culinary specialties
- Cooking and preparation methods
- Taste, texture and sensory adjectives
- Vocabulary related to the five senses

This term will be full of engaging activities to help you feel more confident in expressing yourself in French. Let's get started!

Elementary 3 | Course Description

Level: A2.3

Book: Défi Actuel 2 – Unit 4 & 5.1

Dear Learners,

At this stage, you will deepen your ability to talk about future plans, make recommendations, and express wishes and hypotheses. You will also explore topics related to sports, education and personal values, enhancing your communication in everyday and academic contexts.

Communication Skills

- Discuss your relationship with sports.
- Talk about future projects and plans.
- Recommend a sport or activity.
- Advise, suggest, and propose actions.
- Exchange ideas about the values of sport.
- Imagine hypothetical situations.
- Present your studies and training.
- Express wishes.

Grammar and Sentence Structures

- Use the *futur simple* to talk about future events
- Express negation with *ne... plus* and *ne... jamais*
- Use the conditionnal présent to express wishes and polite requests
- Connect ideas expressing cause and consequence
- Form hypotheses using *si*
- Use verbs to express wishes and desires

Vocabulary Development

- Sports and physical activities
- Verbs for advising and suggesting
- Health and sport vocabulary
- Values associated with sports
- Character traits
- Olympic disciplines
- Studies and training terms
- Future projects vocabulary

This term will be filled with dynamic discussions and practical exercises to help you express yourself with confidence in French. Let's dive in!

Elementary 4 | Course Description

Level: A2.4

Book: Défi Actuel 2 – Unit 5.2 & Unit 6

Dear Learners,

Welcome to Elementary 4! This term, we will focus on talking about your educational and professional experiences, expressing emotions and obligations, and engaging in more complex conversations related to the world of work and study..

Communication Skills

- Talk about personal experiences as a student
- Discuss new ways of learning
- Narrate your educational and professional journey
- Talk about original initiatives in the workplace
- Discuss rights, duties and rules at work
- Prepare a job interview
- Report speech, advice, and questions in conversations

Grammar and Sentence Structures

- Express recent and ongoing actions (*passé récent* and *présent progressif*).
- Express duration
- Express feeling and emotions
- Express obligation, prohibition, and permission
- Use reported speech including affirmative and interrogative forms
- Use the reported imperative

Vocabulary Development

- Classroom and learning environments.
- Online courses and digital learning
- The CV and job application process
- The professional world
- The video game industry
- Job interviews and employment terms.

This term will be packed with engaging discussions, role-plays, and interactive exercises to enhance your French communication skills. Let's get started!

Elementary 5 | Course Description

Level: A2.5

Book: Défi Actuel 2 – Unit 7 & 8

Dear Learners,

Welcome to Elementary 5! This term, you will enhance your ability to discuss books, films, and travel experiences while refining your past tense usage and learning how to express restrictions and durations.

Communication Skills

- Share reasons for traveling.
- Talk about your vacations.
- Prepare a trip.
- Describe landscapes.
- Narrate a travel story.
- Talk about personal experiences.
- Discuss your artistic tastes.
- Present an event.
- Propose, accept or refuse invitations or suggestions.
- Give opinions about books, movies or series.

Grammar and Sentence Structures

- Distinguish formal vs. informal questions
- Alternate between the *passé composé* and *imparfait* to tell stories
- Use restrictive negation (*ne...que*) to express limitation
- Form and use the gerundive
- Use the adjective *tout, toute, tous, toutes*
- Express duration in more advanced ways
- Employ complex negation forms (*ne...rien, ne...personne, ne...aucun*)

Vocabulary Development

- Types of travel
- Preparing for a trip
- Landscapes and nature
- Festivals, arts and culture
- Books and literary genres
- Expressions to present or review a work

This term will be packed with interactive discussions, storytelling activities, and practical exercises to help you express yourself with more fluency and confidence in French. Let's get started!

Elementary Revision | Course Description

Level: A2+

Book: None

Dear Learners,

Welcome to your A2 Revision Class! This session is designed to consolidate your knowledge and help you practise communicating more confidently and independently in everyday situations. You are moving from basic phrases to forming more detailed and structured messages in French.

What You Can Do at A2 (CEFR Level):

- Understand frequently used expressions related to areas of most immediate relevance (e.g. personal and family information, shopping, geography, employment).
- Communicate in simple and routine tasks requiring a simple and direct exchange of information on familiar topics and activities.
- Describe aspects of your background, immediate environment and matters in areas of immediate need using simple language.

Grammar and Sentence Structures

- Past tenses (*Passé composé* & *Imparfait*)
- Future tense & conditional
- Comparative and superlative forms
- Pronouns (direct & indirect,)
- Relative pronouns (*qui / que / où*)

Please note that these grammar points are only a few examples of what might be covered. Your teacher is free to decide how much time to spend on each grammar point depending on the overall level of the class and their personal programme.

Communication Skills

- Talking about routines, habits and personal interests
- Giving and following instructions or advice
- Describing people, places and things in more detail
- Talking about past experiences and future plans
- Expressing opinions, preferences and intentions
- Asking for and giving directions, information or help
- Participating in simple conversations and role-plays

This class is a great opportunity to practise speaking, listening, and grammar in meaningful ways, helping you feel more at ease in everyday situations and preparing you for the B1 level.

Intermediate 1 | Course Description

Level: B1.1

Book: Défi Actuel 3 – Unit 1 & 2.1

Dear Learners,

Welcome to the Intermediate level! In this course, you will strengthen your ability to tell stories, express emotions, and discuss personal experiences using more complex grammar and nuanced vocabulary. You'll also learn to give advice, express opinions, and talk about traditions and dreams in French with confidence and precision.

Communication Skills

- Recall and narrate a memory or past event
- Tell a story using appropriate tenses
- Talk about your origins and family history
- Express emotions and feelings
- Describe your own recipe for happiness
- Express dissatisfaction or discontent
- Share dreams, wishes, and future projects
- Discuss traditions and cultural celebrations
- Give advice and make recommendations

Grammar and Sentence Structures

- Differentiate between *passé composé* and *imparfait* to narrate and describe past events
- Apply the agreement of the past participle with *avoir* when appropriate
- Review and use pronouns *en* and *y*
- Use *il (ne) faut (pas) que* to express necessity or prohibition
- Form and use the present subjunctive
- Use *c'est / ce sont* for emphasis (*mise en relief*)

Vocabulary Development

- Memories, emotions, and feelings
- Migration, origins, family and genealogy
- Professional life and career paths
- Dissatisfaction and complaint expressions
- Space, exploration and comic books
- Traditions and cultural celebrations
- Feelings and sensations

This term will be packed with interactive discussions, storytelling activities and practical exercises to help you express yourself with more fluency and confidence in French.

Let's get started!

Intermediate 2 | Course Description

Level: B1.2

Book: Défi Actuel 3 – Unit 2.2 & 3

Dear Learners,

At this stage, you will deepen your understanding of complex grammar, refine your use of pronouns and the *subjonctif*, and gain confidence in expressing nuanced opinions. You'll also explore storytelling, cultural identity and the beauty of languages.

Communication Skills

- Tell a story or a tale
- Discuss cultural differences through stories and traditions
- Describe events and place them in time
- Express and explain opinions and attitudes
- Talk about relationships and communication styles
- Discuss the origins and influence of languages
- Express interests and passions
- Agree or disagree politely
- Make imaginary or hypothetical statements
- Characterise a language or a form of communication

Grammar and Sentence Structures

- Review and consolidate the use of direct and indirect object pronouns
- Reinforce the use of *pronoms toniques* for emphasis or after prepositions
- Use *pronoms relatifs composés* (lequel, laquelle, auxquels, etc.)
- Differentiate between indicative and subjunctive with verbs of opinion
- Employ indefinite pronouns (chacun, certains, plusieurs, etc.)
- Express unreal or hypothetical situations

Vocabulary Development

- Storytelling and fairy tales
- Temporal expressions and sequencing
- Words of foreign origin and linguistic borrowing
- Passions and interests
- Language and communication
- Utility and usage of languages
- Diversity and richness of language

This level allows you to express yourself with greater flexibility and depth — not only narrating and describing but also analysing, comparing and imagining.

Intermediate 3 | Course Description

Level: B1.2

Book: Défi Actuel 3 – Unit 4 & 5.1

Dear Learners,

In this course, you will enhance your ability to describe, analyse and evaluate cultural and digital phenomena. You'll focus on expressing time relationships, nuances of concession and the use of pronouns, while expanding your vocabulary to talk about arts, media and technology.

Communication Skills

- Talk about performing arts
- Characterise people, objects, and actions
- Give opinions on shows and performances
- Summarise a plot or story
- Situate actions in the past
- Talk about successive or simultaneous actions
- Describe an application and its functions
- Discuss inequality in access to digital technology
- Analyse the selfie phenomenon and trends on social media

Grammar and Sentence Structures

- Use the *participe présent* to describe ongoing or simultaneous actions
- Use the pronoun *dont* to link ideas and avoid repetition
- Form and use the *plus-que-parfait*
- Express simultaneity
- Express anteriority or posteriority
- Express concession
- Use indefinite pronouns

Vocabulary Development

- Performing arts vocabulary
- Words to qualify a performance or show
- Body positions and movements
- Singers, music and success
- Cinema and series
- Positive and negative critiques
- Digital tools and applications
- Internet vocabulary and online procedures
- Selfies and social media culture

This level allows you to express yourself with greater flexibility and depth — not only narrating and describing but also analysing, comparing and imagining.

Intermediate 4 | Course Description

Level: B1.2

Book: Défi Actuel 3 – Unit 5.2 & 6

Dear Learners,

In this stage of the B1 level, you will consolidate your grammatical foundation while developing critical thinking and nuanced communication. You'll learn to express purpose, doubt and certainty; as well as to report others' words and to discuss the role of media and technology in today's world. This level prepares you for spontaneous, structured, and thoughtful interaction in French.

Communication Skills

- Discuss internet use and digital habits
- Talk about privacy and data protection
- Reflect on one's relationship with media and information
- Describe different types of media and their impact
- Discuss misinformation, fake news, and AI
- Analyse the influence of advertising and inclusivity
- Report what someone said
- Express purpose and intention
- Structure a coherent speech or written argument using logical connectors

Grammar and Sentence Structures

- Use expressions of purpose
- Develop opinion structures
- Use *les pronoms possessifs* to express ownership more clearly
- Construct sentences in the *passive voice*
- Express certainty and doubt
- Master *le discours rapporté au passé* to report statements and thoughts

Vocabulary Development

- Internet, social media, data protection and privacy
- Media and current events
- Gossip, misinformation, and hoaxes
- Certainty and doubt
- Media and advertising
- Reported speech verbs
- Logical connectors to structure discourse
- Formal email writing

At the end of this module, you will be able to engage in informed discussions about digital culture and media, express yourself with confidence in both formal and informal contexts.

Intermediate 5 | Course Description

Level: B1.2

Book: Défi Actuel 3 – Unit 7 & 8.1

Dear Learners,

At this level, you will strengthen your ability to discuss global and social issues such as the environment, recycling, and work-life balance. You'll learn to express conditions, causes, consequences, and emotions with precision as well as to take a stand on topics that matter to you.

Communication Skills

- Discuss recycling and environmental issues
- Give instructions and advice for sustainable actions
- Describe and analyse causes and consequences of actions
- Express fear or concern
- Engage in civic and ecological discussions
- Talk about professional life and career change
- Make requests or demands politely and
- Express wishes, hopes or determination

Grammar and Sentence Structures

- Express inclusion and exclusion
- Formulate conditions
- Express cause and consequence
- Express worry, fear, or emotion
- Use *la mise en relief* with *ce qui*, *ce que*, *ce dont* to emphasize information
- Express will, determination, or desire

Vocabulary Development

- Waste and recycling
- Civic engagement and environmental actions
- Climate change, wildlife and nature
- Nominalisation techniques
- Professional tasks and responsibilities
- Career paths and reconversion
- Verbs for making requests or demands

At the end of this module, you will be able to express yourself confidently on environmental and professional themes, make complex connections between causes and effects and use advanced grammatical tools to convey opinions and emotions naturally.

Intermediate 6 | Course Description

Level: B1.2

Book: Défi Actuel 3 – Unit 4 & 5.1

Dear Learners,

This final module of the B1 level consolidates your mastery of complex grammatical structures and expressive language. You will learn to discuss social issues such as equality, human rights, and civic engagement with nuance and confidence.

Communication Skills

- Discuss different types of colleagues and workplace dynamics
- Share uncertain or hypothetical information
- Express reproaches and regrets
- Talk about sexism and gender stereotypes
- Make hypotheses in the present and past
- Express necessity and obligation
- Reflect on values and forms of civic engagement
- Express temporal relations between past and future actions

Grammar and Sentence Structures

- Use the *conditional* to express possibility, politeness or hypothetical situations
- Use the *past conditional* (*conditionnel passé*) to express regret or reproach
- Use imaginary hypotheses in the past
- Express necessity
- Express anteriority and posteriority (temporal relations)
- Review and apply the subjunctive

Vocabulary Development

- Workplace relationships and office life
- Adjectives of personality and behavior
- Office environment and hierarchy
- Sexist stereotypes and gender
- Politics, institutions, and government
- Inequality and social justice
- Human rights and global issues

At the end of this course, you will be able to use advanced sentence structures naturally, express abstract ideas clearly and engage in meaningful discussions about social, ethical and professional topics — preparing you for the transition toward level B2 communication skills.

Intermediate Revision | Course Description

Level: B1+

Book: None

Dear Learners,

Welcome to your B1 Revision Class! At this stage, you're becoming a more independent user of French. This session is designed to help you strengthen your grammar, vocabulary and fluency so you can confidently navigate real-life situations, express your ideas and participate in conversations on familiar topics.

What You Can Do at B1 (CEFR Level):

- Understand the main points when talking about familiar topics (work, school, hobbies, etc.) when standard language is used
- Manage most situations that might arise when travelling in a French-speaking region.
- Produce simple, connected text on topics that are familiar or of personal interest
- Describe experiences and events, dreams, hopes and ambitions.
- Briefly give reasons and explanations for opinions plans or ideas.

Grammar and Sentence Structures

- Alternating between *passé composé* and *imparfait*
- Future and conditional tenses
- Use of *subjonctif présent* in common expressions
- Pronouns (COD, COI, *y*, *en*, possessive, demonstrative)
- Relative pronouns (*qui*, *que*, *où*, *dont*, *lequel*)
- Passive voice
- Expression of necessity and obligation

Please note that these grammar points are only a few examples of what might be covered. Your teacher is free to decide how much time to spend on each grammar point depending on the overall level of the class and their personal programme.

Communication Skills

- Sharing experiences and memories
- Giving and justifying opinions
- Making suggestions and giving advice
- Expressing feelings, emotions, and reactions
- Talking about familiar social, cultural, or current topics
- Describing hopes, ambitions, and future plans

This class is your chance to review and reinforce your ability to use French in everyday life and to express more abstract ideas clearly and confidently. It's the bridge between functional communication and deeper fluency, leading you into the B2 level.